

# TECHNICAL SPECIFICATION ASSEMBLY MANUAL

Training hurdles one-piece steel

PP-178 PP-178/7 PP-179



File: 2015-03-12

PRODUCT SUPPORT
Paweł Ciechanowski
p.ciechanowski@polanik.com

tel. +48 44 646 44 81 tel. +48 44 648 50 89 fax +48 44 646 43 58 e-mail: info@polanik.com www.polanik.com



#### **Contents**

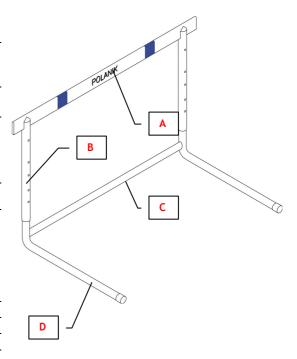
Chapter		Page
I.	General description and use	2
II.	Technical specification	2
III.	Operation and maintenance	3
IV.	Packing and transport	3
٧.	Product's images	4
VI.	Declaration (PP-178 PP-178/7 PP-179)	6
VII.	PZLA certificate (PP-179)	7

#### I. General description and use

Designed for schools. Simple and light steel frame made of tubes bent at 90 degrees. Permanent counter weights in feet. Hurdles haves telescope tubes and a system of height adjustment with snap fastener. Covered with powder paint provides flexible and durable finish.

## II. Technical specification

	PP-178	PP-178/7	PP-179
Hurdle type	training, one- piece steel	training, one- piece steel	training, one- piece steel
(A) top board	plastic with inside ribbing	plastic with inside ribbing	plastic with inside ribbing
(B) telescope tube	aluminium, powder painted, system of height adjustment with snap fastener	aluminium, powder painted, system of height adjustment with snap fastener	aluminium, powder painted, system of height adjustment with snap fastener
(C) frame	steel, powder painted	steel, powder painted	steel, powder painted
(D) feet	Constitute one element with frame, powder painted, permanently fixed counterweights	Constitute one element with frame, powder painted, permanently fixed counterweights	Constitute one element with frame, powder painted, permanently fixed counterweights
	-	-	600
	650 686 686 aights 762 762		- 686 762
heights [mm]	838	838	838
[]	914	914	914
	991	991	-
	1067	1067	-
top board's length [mm]	1150	1150	1150
feet's length [mm]	650	650	550
net weight[kg]	4,8	4,8	4,5



tel. +48 44 646 44 81 tel. +48 44 648 50 89 fax +48 44 646 43 58 e-mail: info@polanik.com www.polanik.com



193

# III. Operation and maintenance

Hurdles don't require any assembly. During idle periods the hurdles must be stored in a roofed dry place. For optimal performance they should be stored and transported on Polanik hurdle cart: S-259. After every athletics season the hurdles must be cleaned from sand (mud, dust and etc).

#### IV. Packing and transport

Gross weight [kg]

Hurdles are put into a cumulative box or are put on pallets and wrapped with foil. Pallets' dimensions(examples):

20.470	Contents [pcs]	25	35
PP-178 PP-178/7	length	1,24	1,24
Pallets' dimensions [m]	width	0,98	0,98
	height	1,3	1,6
Volume [ m³]		1,58	1,94
Gross weight [kg]		155	205
	Contents [pcs]	25	35
PP-179	length	1,24	1,24
Pallets' dimensions [m]	Width	0,88	0,88
	height	1,2	1,5
Volume[ m³]		1,31	1,67



148

tel. +48 44 646 44 81 tel. +48 44 648 50 89 fax +48 44 646 43 58 e-mail: info@polanik.com www.polanik.com



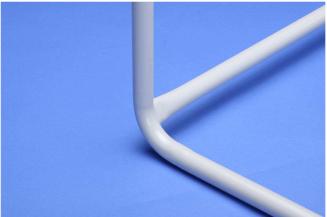
## V. Product's images



tel. +48 44 646 44 81 tel. +48 44 648 50 89 fax +48 44 646 43 58 e-mail: info@polanik.com www.polanik.com







PP-178 PP-178/7 PP-179 © 2015 Polanik

The producer reserves the right to introduce without warning changes in product constructions and colours.

tel. +48 44 646 44 81 tel. +48 44 648 50 89 fax +48 44 646 43 58 e-mail: info@polanik.com www.polanik.com



#### VI. Declaration

1) No. 2015-03-12

2) Issuer's name: POLANIK

Issuer's address: Życzliwa 11, 97-300 Piotrków Tryb.

3) Objects of declaration

No.	Name	Code
1	Training hurdle- one-piece steel, height 686-1067 mm	PP-178
2	Training hurdle- one-piece steel, height 650-1067 mm	PP-178/7
3	Training hurdle- one-piece steel, height 600-914 mm	PP-179

4) The object of declaration described above is in conformity with the requirements of the following documents::

Articles	Document title	Issuer
Rule 168 Point 4	Competition Rules 2012-2013	International Association of Athletics Federations IAAF 17, rue Princesse Florestine BP 359 – MC 98007 Monaco Cedex Tel. +3377 93 10 88 88 Fax +377 93 15 95 15 www.iaaf.org

#### **Additional Information**

5)	Declaration for:	
		Buyer/Distributor/User

Signed for and in behalf of:

**POLANIK** 

2015-03-12 Piotrków Tryb. (Date and place of issue)

6) Pawel Ciechanowski
Product Manager
......(Name, function)

(Signature or equivalent authorized by the issuer)

tel. +48 44 646 44 81 tel. +48 44 648 50 89 fax +48 44 646 43 58

e-mail: info@polanik.com www.polanik.com



#### VII. PZLA certificate



# POLSKI ZWIĄZEK LEKKIEJ ATLETYKI

Członek International Association of Athletics Federations 01-612 Warszawa, ul. Mysłowicka 4 www.pzla.pl; e-mail: pzla@pzla.pl

Konto bankowe: PEKAO SA O/ Warszawa:71 1240 6003 1111 0000 4943 2143

# ŚWIADECTWO SPRAWDZENIA

Zgłaszający sprzęt la.: POLANIK Sp. z o.o. – Sp.K. ul. Życzliwa 11, 97-300 Piotrków Trybunalski

Nazwa sprzętu la.: Płotek la. (treningowy, stalowy) Ciężar: 4,5 kg

Nr katalogowy: PP-179 Model (typ):

Kraj: Polska Firma: POLANIK Sp. z o.o. - Sp.K.

Data i miejsce sprawdzenia: Piotrków Trybunalski, 12 maja 2008 r.

- "Przepisy zawodów w lekkoatletyce" (tłumaczenie na podstawie Wymagania:

publikacji International Association of Athlethics Federations Rules 2012-2013", ustanowione ..Competition Międzynarodowe Stowarzyszenie Federacji Lekkoatletycznych -

IAAF)

- Regulamin sprawdzania (kontroli) sprzętu la. wprowadzony po

zatwierdzeniu przez Prezydium Zarządu PZLA dnia 7.09.1999 r.

Stwierdzenie

zgodności:

W wyniku sprawdzenia (kontroli) stwierdzono, że sprzęt la. spełnia wymagania ustalone w w/w "Przepisach zawodów w

lekkoatletyce" - IAAF

Okres ważności

świadectwa:

Świadectwo traci ważność z dniem 7 lipca 2017 r. lub w przypadku wprowadzenia zmian (dot. w/w sprzętu la) w "Przepisach zawodów w lekkoatletyce" przez IAAF

W/w sprzęt la. może być stosowany dla celów szkoleniowych na terenie Polski.

Nr rejestru:2/2014

Data: 7 lipiec 2014 r.

Świadectwo składa się z jednej strony

Piotr Długosielski

Sekretarz Generalny PZLA