

### MDH-120

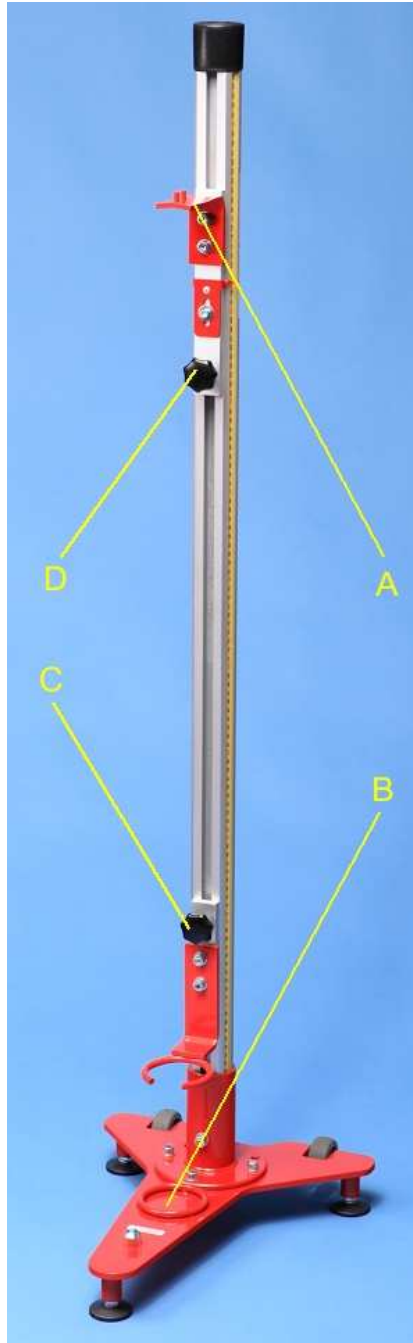
Measuring device for hammers:

A-hammer handle support

B-hammer head nest

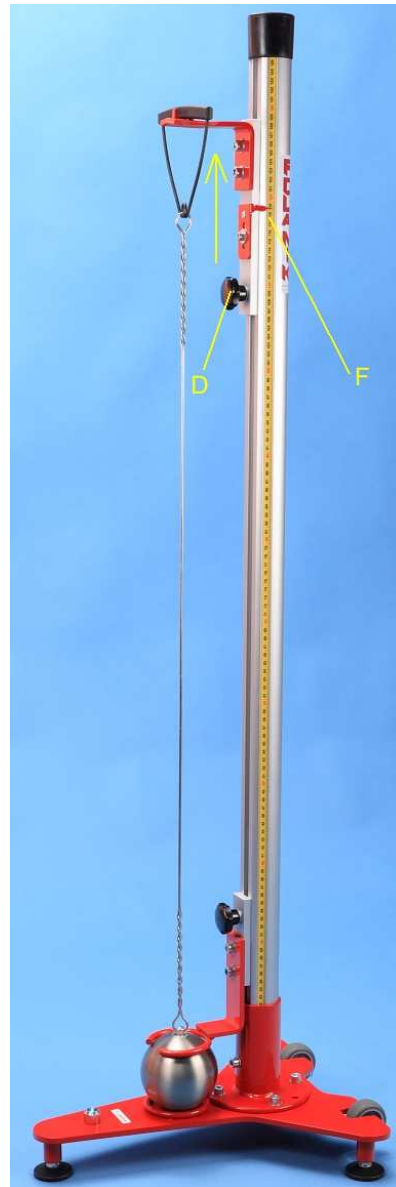
C-hammer head bracket knob screw

D-hammer handle support knob screw



How to measure the hammer:

1. Place the hammer head in the nest (B).
2. Press down the hammer head with the hammer head bracket and block it with the knob screw (C).
3. Place the hammer handle between the pegs of the hammer handle support (A).
4. Slide the support up and block it with the knob screw (D).
5. Read out the hammer length checking the scale (F).



How to check the gravity centre location:

1. Place the hammer head on the knife edge rim (dia. 12 mm) (E).
2. It should be possible to balance the hammer head (less handle and wire) on the edge. If the hammer head falls down, the gravity centre is more than 6 mm from the head centre and the hammer does not comply with the IAAF rule 191 point 5 (Competition Rules 2014-2015, page 215).

