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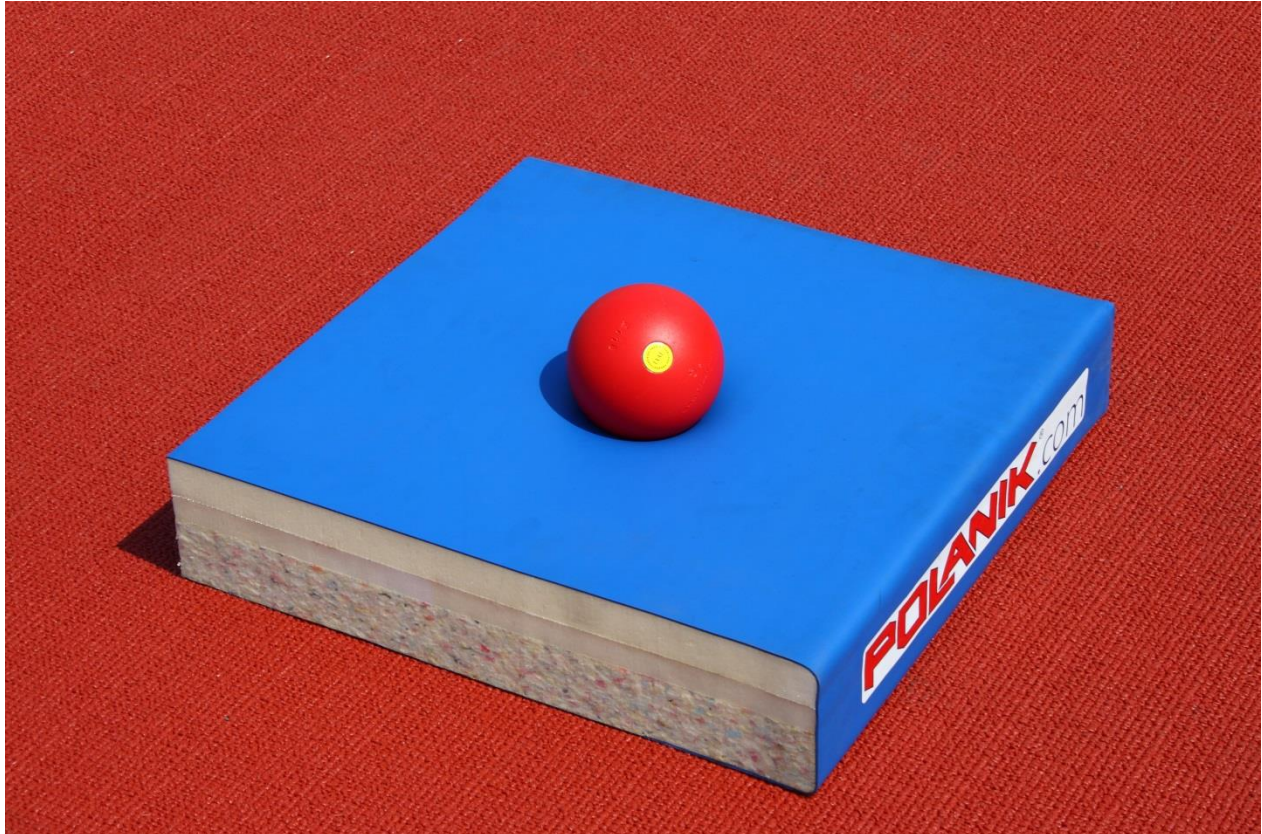
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## User manual

### Shot put indoor mat

**MPK-2110**



File: 2016-12-15  
PRODUCT SUPPORT  
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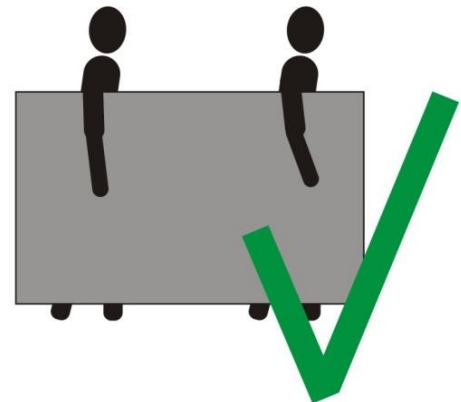


**BEFORE YOU START TO SET UP AND USE SHOT PUT  
MATS READ THE INSTRUCTIONS BELOW**



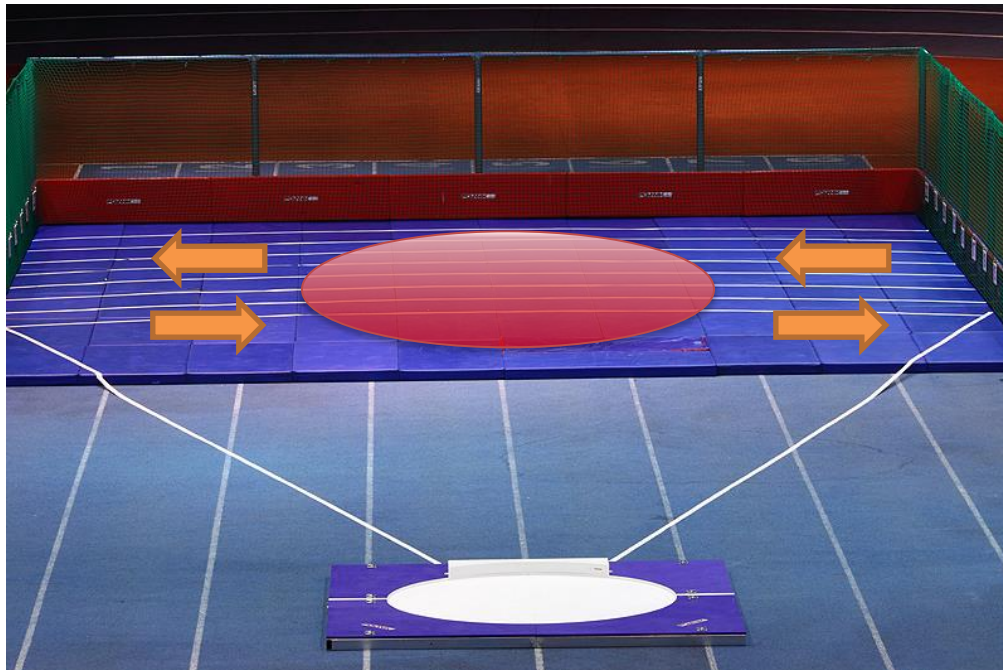
**I. HOW TO SET UP THE MATS**

1. The mats have to be always placed the smooth top side up and the non-slip bottom facing the ground.
2. All the mats have to be laid tightly one next to the other without any spaces among them, in that way they are stable and ensure non-slip properties. The mats have to be set up to form one uniform surface. It should be done by two people minimum.
3. During setting up the mats have to be carried vertically by two people minimum without bending and folding. The mats must not be bent, because it may deform them permanently.
4. It is forbidden to drag the mats on the ground or holding them by the corners. The mats must not contact any sharp edges.



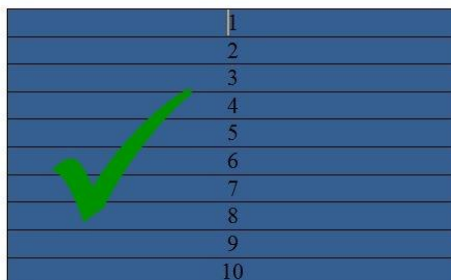
## II. HOW TO USE THE MATS

1. The mats are designed to absorb the impact energy of the athletics shot put only.
2. You must not put any tables, chairs, benches or any other objects with sharp edges.
3. The mats are to be put on even and clean surface.
4. Before use always make sure the mats fit tightly.
5. Before use check if the mats are laid properly, in case you have any doubts please contact your supplier or the producer.
6. The mats are to be cleaned according to the maintenance instructions.
7. **The mats located in the central part of the landing sector (below marked in red) are particularly vulnerable to rapid wear and tear, because that zone is the most often hit by shots. Therefore the mats from the central part of the landing sector should be regularly (at least once a month) replaced with the mats lying on the edges of the landing sector, so that all the mats are exposed to the same wear and tear. That extends the life of the entire mat set.**



## III. HOW TO STORE THE MATS

1. The mats have to be stored horizontally one on the other, maximum 10 mats in one stack or as many mats as not to squeeze the mat which is at the stack bottom. It is strictly forbidden to store them vertically on sides or put them against the wall or store them in the way which put a lot of pressure on them and they are squeezed.



2. Store the mats in a clean and dry place only. Moisture may have an adverse influence on the product life and foam internal core. The mats are to be obligatorily stored in a dry roofed room in minimal temperature of 5°C.
3. If the mats are often set up we strongly recommend to buy a transport cart.

#### IV. MAINTENANCE

1. Due to the hygiene requirements it is recommended that the mats should be cleaned regularly.
2. The mats should be wiped with a soft cloth moistened with water only on mat top and sides. Do not use detergents based on alcohol, solvents, bleach or other aggressive cleaners that may damage the mat covering.
3. You must not let the mats be soaked during cleaning.

#### VERY IMPORTANT!

**The mats are made of the foam which changes its properties depending upon temperature and humidity. When the temperature rises the foam is getting softer and it drops the foam is getting harder. The foam maintains the best optimal properties at 25 °C. Do not leave the mats in the sun or in the place where the temperature is above 30°C.**

#### V. TECHNICAL SPECIFICATION

Product code	MPK-2110
Name	shot put indoor mat
Use	to absorb the impact energy of the athletics shot put and store the impact point for measuring the distance of the throw, for use with safety barriers BO-308/3 and BO-308/4
Size [m]	2 x 1 x 0,10
Size tolerance	+/- 2 mm for thickness; +/- 5 mm for length and width
Colour	blue
Outer cover (top and sides)	two side coated PVC
Bottom	non-slip
Internal construction	1 <sup>st</sup> layer RG shock absorbing foam 2 <sup>nd</sup> layer 2 mm PVC net to protect the foam 3 <sup>rd</sup> layer lazy foam to absorb energy and store impact point
Construction	outer covering is glued to foam core on its top surface, overlapped on bottom edges, corners are thermally welded.



## VI. PACKING AND TRANSPORT

1. The mats are packed in carton covers, 2 pcs in one package.
2. The packages are put on one pallet, max. 5 packages.





**VII. DECLARATION**

- 1) No. 2016-07-20
- 2) Issuer's name: POLANIK  
Issuer's address: Życzliwa 11, 97-300 Piotrkow Tryb.
- 3) Object of declaration:

Position	Description	Code
1	Shot put mat	<b>MPK-2110</b>

4) The object of declaration described above is in conformity with the requirements of the company internal technical norms.

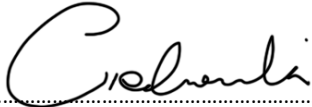
Additional Information

5) Declaration for:  
BUYER and USER

Signed for and in behalf of:

POLANIK  
2016-07-20 Piotrkow Tryb.  
(Date and place of issue)

Pawel Ciechanowski  
Product Manager  
6) .....  
(Name, function)

  
.....  
(Signature or equivalent authorized by the issuer)